

Nº 1 TRAVEL SPA

Whether you want to unwind or add a touch of glamour, kick back and let us do the hard work. To book now call 08442 64 64 40.

10 minute treatments

Fix-it massage £10

Tell our therapist what hurts and they will work away your aches and pains.

Nail finishing touches from £5

Broken nail? Come in and our team will tidy you up.

Shower £10

Put some power in your shower. Fluffy towels and hairdryers are included, of course. Free with a £25 treatment.

15 minute treatments

Shoulder relief massage £15

Relax with our 'Relief' massage, or feel revived with our 'Boost' massage. This treatment is performed through your clothes, making it ideal for the time-pressed traveller.

Arm & hand massage £18

This firming and toning hand and forearm massage uses Rodial's revolutionary Arm Sculpt gel to reduce skin roughness and stimulate fat burning.

Leg & foot massage £20

This firming and draining leg massage uses Rodial's Body Sculpture to stimulate tissue drainage whilst tightening and toning the skin.

Nail file & polish £18

File, base coat and colour.

Waxing one area £10

Need an eyebrow, lip or chin tidy up? Our team can soon have you sorted. To combine treatments:

Two areas £15

Three areas £20

25 minute treatments & over

Core revival £30

This back, neck and shoulder massage uses Aromatherapy Associates' acclaimed Muscle De-Stress Gel to leave you feeling calm.

Arm & hand massage £25

This firming and toning hand and forearm massage uses Rodial's revolutionary Arm Sculpt gel to reduce skin roughness and stimulate fat burning.

Leg & foot massage £30

This firming and draining leg massage uses Rodial's Body Sculpture to stimulate tissue drainage whilst tightening and toning the skin.

Arm & Leg massage package £30

Pamper yourself with our arm & hand massage followed by our leg & foot massage, using Rodial's revolutionary Arm Sculpt and Body Sculpture products. 30 minute treatment.

Express manicure or pedicure £25

Skin conditioning, base coat and colour.

Mani-pedi £25

Look great from top to toe with our combined file and polish hands and feet package. 30 minute treatment.

Men's manicure or pedicure £25

We shape, groom, soak and give a relaxing hand or foot massage. Finish with a buff or neutral polish.

GELeration nails £35

Start with a luxurious treatment for smoother, silkier and firmer skin - finger or toe nails are shaped and finished with Jessica's GELeration gel polish, giving a flawless finish for up to three weeks. 35 minute treatment.

Pregnant ladies may have treatments after their first trimester.