№1 TRAVEL SPA

Whether you want to unwind or add a touch of glamour, kick back and let us do the hard work. To book now, call us on 08442 64 64 40.

Massage

Core revival

This back, neck and shoulder massage uses Aromatherapy Associates' acclaimed Muscle De-Stress Gel to leave you feeling calm.

25 mins - £30 55 mins - £60 85 mins - £85

Shoulder relief

Relax with our 'Relief' massage, or feel revived with our 'Boost' massage. This treatment is performed through your clothes, making it ideal for the time-pressed traveller.

15 mins - £15

Arm & hand massage

This firming and toning hand and forearm massage uses Rodial's revolutionary Arm Sculpt gel to reduce skin roughness and stimulate fat burning.

15 mins - £18 25 mins - £25

Leg & foot massage

This firming and draining leg massage uses Rodial's Body Sculpture to stimulate tissue drainage whilst tightening and toning the skin.

15 mins - £20 25 mins - £30

Arm & leg massage package

Pamper yourself with our arm & hand massage followed by our leg & foot massage, using Rodial's revolutionary Arm Sculpt and Body Sculpture products.

30 mins - £30

Jet lag revival package

Make yourself feel human again with our ultimate pampering package. Including a full body core revival massage, a 25 minute facial of your choice and a manicure or pedicure.

2 hours - £100

Facials

Glamour boost

Brighten and renew your complexion, using Rodial's Glamtox skincare range with wrinkle-plumping agents, giving your skin an instant pick-me-up.

15 mins - £20 25 mins - £30 55 mins - £60

Venom chic

Banish fine lines and wrinkles with the acclaimed Glamoxy snake serum range from Rodial. This revolutionary serum mimics the effects of the Temple Viper's potent venom to instantly lift the face and plump lines without Botox.

15 mins - £25 25 mins - £35 55 mins - £65

Nails

File & polish

Base coat plus colour on hands or feet.

15 mins - £18

Express manicure or pedicure

Skin conditioning, base coat and colour.

25 mins - £25

Luxury manicure or pedicure

Conditioning massage, cuticle treatment, base coat and colour.

55 mins manicure £40
pedicure £45

Men's manicure or pedicure

We shape, groom, soak and give a relaxing massage. Finish with a buff or neutral polish.

25 mins - £25

GELeration polish

Cuticle treatment, file and application of Jessica's GELeration gel polish on your fingers or toes, giving a flawless finish for up to three weeks.

35 mins - £35

GELeration manicure or pedicure

Conditioning massage, cuticle treatment, file and application of Jessica's GELeration gel polish giving a flawless finish for up to three weeks.

55 mins manicure £40
pedicure £45

For a French finish please add £5 to the above prices.

Mani-pedi package

Look great from top to toe with our combined express manicure and pedicure package.

50 mins hands and feet £45

Grooming

Finishing touches

Nail repairs or touch-ups from £5

Hot towel wet shave

Sharpen up with a luxurious cut-throat shave, including a cleanse and exfoliation with hot towels followed by a double shave and aftershave balm.

30 mins - £35

Waxing

Need an eyebrow, lip or chin tidy up? Our team can soon have you sorted.

One area £10
Two areas £15
Three areas £20

Shower

Put some power in your shower. Fluffy towels and hair dryers are included, of course.

£10 or free with a £25 treatment

Pregnant ladies may have treatments after their first trimester.